

ARS COVID RTP (Return To Play) PRACTICE GUIDELINES

- **Hand Hygiene** - All coaches and players are asked to have their own hand sanitizer and use it before going on the field to play.
- **Masks** - Anyone visiting Forrest Street Park as part of our soccer program is required to wear a mask if they cannot physically distance from others 6 feet (ie games). Please be prepared. Players may remove masks when play begins. Coaches are asked to wear masks as much as possible excluding times when they are 6 feet from players. Mask wearing for coaches within 6 feet of players or spectators is not optional.
- **Spectators** - We are requesting that spectators be kept at a minimum for practices. Chairs must be spaced as far apart on sidelines as possible if not 6 feet (see diagram). It is preferred that parents stay in their cars during practice. This is not as feasible for the younger players. You are required to stay in your area for the length of the game. After practice has concluded - exit immediately. Please do not linger around the parking lots and Pavilions.
- **Restrooms** - The restrooms at Forrest Street Park have been closed by the Town of Arlington to comply with COVID guidelines. They will remain closed unless something changes. Please plan accordingly.
- **Concessions** - The concessions will not be open for the Fall 2020 season.
- **Health Screening "check-ins"** - At this time we are still using the individual team links through Google forms. We are requiring that EVERYONE that is coaching or playing in a game visit this link prior to each event and complete the brief screening survey. This is for COACHES AND PLAYERS. Players are not permitted to play without completing it.
- **Good Game, Celebrations, Game Snacks** - Until further notice there will be no high fives, hand slaps, celebratory tunnels or communal/shared team snacks.
- **Water Breaks** - Players should still social distance as much as possible during water breaks. They should return to their parents (if they are there - if not spaced along sidelines).

**All guidelines must be followed to participate
and for our league to continue to operate.
Thank you for your cooperation.**

**WHERE DO SPECTATORS SIT? PLEASE SEE OUR WEBSITE
(UNDER RETURN TO PLAY GUIDELINES) FOR FIELD GUIDES**