

Players Code of Conduct

As a player in the Arlington Recreational Soccer Association, I agree to:

- Play by the rules.
- Never argue with a referee or assistant referee. If I disagree I will speak with my coach.
- Make sure that I clean all my trash (water bottles, fruit peels, etc) from my area. This reflects on you, your team, and your coach.
- Control my temper and maintain control over my emotions. I will avoid bad/negative comments and/or gestures, and I know that purposely distracting or annoying an opponent is not allowed behavior in soccer.
- Work equally hard for my team and myself. My team's performance will benefit, so will I.
- Be a good sport; applaud all good plays whether they are made by my team or the opposition.
- Treat all participants in soccer, as I like to be treated. I will not bully or take unfair advantage of another competitor.
- Cooperate with your coach, teammates and opponents. Without them there would be no game.
- Participate for my own enjoyment and benefit, not just to please parents and coaches.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Believe that referees, just as coaches and players, are attempting to do their best.
- Understand that my attitude can influence the players, coaches and spectators.
- Remember that practices are just as important as games and my attendance helps my team. I will notify my coach if I must miss a practice or a game.
- **Play for the fun of soccer!**

Parents Code of Conduct

As a parent or family member of a player in the Arlington Recreational Soccer Association, I agree to:

- **Be my child's biggest and best fan! Support my child unconditionally and make him/her feel like a winner every time!**
- Remember that children participate in sport for their enjoyment, not mine.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children always to play according to the rules and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a game.
- Remember that children learn best by example. Appreciate good performances and skillful plays by all participants.
- Support all efforts to remove verbal and physical abuse from all soccer activities.
- Respect the decisions of officials and teach children to do likewise.
- Learn the rules of the game and the policies of the organization and the Arlington Fields.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Be kind to my child's coach, other volunteers and to the officials. The coaches are volunteers --giving of personal time to provide a recreational activity for your child. They are providing a valuable community service, often without reward other than their personal satisfaction. Without them your child could not participate.
- Believe that referees, just as coaches and players, are attempting to do their best. I will refrain from speaking to officials, unless it is to say thank you after the game. If I have questions or concerns with the referees, I will speak to the coach after the game or at practice.
- Understand that my attitude can influence the players, coaches and spectators.
- Demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all Arlington Soccer events.
- Be sure my child is available for most practices and games. Practices are as important as games. Children who simply don't show up for practice and/or games are letting everybody down. If I know my child is unable to attend a practice or game, I will give the coach advance notice to enable proper planning.
- Report to the coach all injuries, special medical conditions (such as asthma) or extenuating circumstances (such as lack of sleep or family crisis) that may affect the player.
- Send my child ready to play. My child will be dressed in uniform and will arrive on time.